

~ JUNIOR PROGRAMS ~
"Six Steps to Excellence"

TENNIS TOTS

Ages 3 - 7

This class will meet once weekly for an hour with an optional second day available to participants at a 20% discount. Designed as a fun introduction to the game of tennis, emphasis in this group will be to give the students a solid beginning while developing good eye-hand coordination and agility. Through fun games we will be able to develop racquet control, proper grip, stroke production, positioning and even a general understanding of rules and play. This class includes a **FREE RACQUET** for first time participants!

Class meets: Wednesdays 3:00 - 4:00pm and/or Fridays 3:00 - 4:00pm
 and/or Wednesdays 5:30 - 6:30pm and/or Fridays 5:30 - 6:30pm

FUTURE STARS

Ages 6 - 11

This class will meet once weekly for 1 1/2 hours with an optional second day available to participants at a 20% discount. Designed for the beginner through the new intermediate player, this class will aid students needing to concentrate on strokes and techniques. Ground strokes, serves, net volleys, overhead shots and the tactics for using these techniques will be emphasized. Also, students will develop a solid understanding of singles and doubles rules and play. This class includes a **FREE RACQUET** for first time participants!

Class meets: Tuesdays 4:00 - 5:30pm and/or Friday 4:00 - 5:30pm
 and/or Friday 5:30 - 7:00pm

JUNIOR CHAMPIONSHIP

Ages 8 - 14

This 1 1/2 hour long class, designed for those with basic tennis knowledge, will concentrate on developing competitive players. Along with this class is the option to choose additional practice days. This can be added at a 20% discount off the regular price. Although stroke mechanics will be an important part of each class, full court drills emphasizing consistency and control will be utilized. Spins, placement, approach shots, passing shots, volley control and other more advanced techniques will be developed at this level. Players will also learn good singles and doubles strategy and tactics. Although this program is designed for students who have had some basic tennis experience, an older beginner (age 12-14) can be worked into this group. This group is usually divided into a gold and silver division to accommodate the variety of ages and abilities.

Class meets: Mondays 4:00 - 5:30pm and/or Wednesdays 4:00 - 5:30pm

JUNIOR ELITE SILVER

Jr High/ High School age

This group will meet twice weekly for 1 1/2 hours during the week. Students will work on developing and improving a full court game with emphasis on patience, consistency and intelligent play. Everything from stroke production to match control to fitness will be a part of practice at this level. High School, Phoenix district, Southwest section participants and beyond will typically be players in these groups.

Class meets: Mondays 5:30 - 7:00pm and Thursdays 4:00 - 5:30pm

JUNIOR ELITE GOLD

For the Serious Player

Meeting twice weekly for 1 1/2 hours, this program is the ultimate and is designed for the serious player. Those selected must possess not only playing skills, but also the dedication and desire needed to achieve their full potential. High School, tournament, district, regional players and beyond will find this group appealing. If you are serious and tennis is your sport, this program is for you! Tournament play will be encouraged & supported.

Class meets: Tuesdays 5:30 - 7:00pm and Thursdays 5:30 - 7:00pm

****OVERLAP IN AGES DUE TO VARIOUS SKILL LEVELS****

~ OUR USPTA/USPTR CERTIFIED PROS ~

Dayna Guizzetti Aside from being one of the top female players in the Phoenix area, Dayna's playing resume includes a full scholarship to Seattle University where she played the #1 position for her college team that consistently won the National District title and was ranked #6 nationally. She is a USPTA Profesional but also brings experience as a Head Pro, Director of Tennis in addition to her 12 years of coaching. With both Junior and Adult level programming experience, Dayna will surely be a force in our ever expanding junior offerings.

Cory Rockow is a full time USPTA pro with a successful playing and teaching background. Cory is not only an accomplished player on the court where he was nationally ranked as a junior and All-Conference while at college; but, he also performed on the academic side of college as a consistent member of the Academic Dean's List. Although only a few years out of college, Cory's history already includes five years of teaching tennis. His discipline and tremendous ability to communicate brought him into the team teaching, camp and group program settings very early on.

Roger Furman is a certified USPTA Tennis Professional who was recently recognized for his 25 years of service to the game. He has coached Local, Missouri Valley, and Nationally ranked players at all age levels and was even selected to coach the St. Louis National Junior City Team. A former collegiate player, we think you will all enjoy the fun, discipline and strong work ethic he instills into La Camarilla's junior program.

~ SESSION DATES ~

Session 1	Week of Sept. 7th thru Nov. 22nd (Labor Day will be made up on Nov. 23rd)	11 Weeks
Session 2	Week of Nov. 30th thru Feb. 28th (Two weeks off for Christmas/New Year holidays: Dec. 21st thru Jan 3rd)	11 Weeks
Session 3	Week of March 8th thru May 23rd	11 Weeks

~ SESSIONS PRICES ~

TENNIS TOTS	\$132.00	2ND DAY OPTION	\$105.00
FUTURE STARS	\$198.00	2ND DAY OPTION	\$158.00
JUNIOR CHAMPIONSHIP	\$198.00	2ND DAY OPTION	\$158.00
JUNIOR ELITE	\$396.00	2 DAY PROGRAM	

All Programs are Open to Members and Non-Members
 Non-Members pay an additional \$50 per 11 Week Session
 (Only one fee is assessed per family per session)
 No non-member fees apply to 2nd day option.

**For more information, contact Roger Furman at
 La Camarilla Racquet, Fitness & Swim Club
 (480) 998-3388**