

## ~ JUNIOR ACADEMY ~

### "Six Steps to Excellence"

#### TENNIS TOTS

(QUICK START/10 & UNDER INCLUSION)

**Ages 3 - 7**

This class will meet once weekly for an hour with an optional second day available to participants at a 20% discount. Designed as a fun introduction to the game of tennis, emphasis in this group will be to give the students a solid beginning while developing good eye-hand coordination and agility. Through fun games we will be able to develop racquet control, proper grip, stroke production, positioning and even a general understanding of rules and play. This class includes a **FREE RACQUET** for first time participants!

**Class meets:** Wednesdays 3:00 - 4:00pm and/or Fridays 3:00 - 4:00pm  
and/or Wednesdays 5:30 - 6:30pm and/or Fridays 5:30 - 6:30pm

#### FUTURE STARS

(QUICK START/10 & UNDER INCLUSION)

**Ages 6 - 11**

This class will meet once weekly for 1 1/2 hours with an optional second day available to participants at a 20% discount. Designed for the beginner through the new intermediate player, this class will aid students needing to concentrate on strokes and techniques. Ground strokes, serves, net volleys, overhead shots and the tactics for using these techniques will be emphasized. Also, students will develop a solid understanding of singles and doubles rules and play. This class includes a **FREE RACQUET** for first time participants!

**Class meets:** Tuesdays 4:00 - 5:30pm and/or Friday 4:00 - 5:30pm  
and/or Friday 5:30 - 7:00pm

#### JUNIOR CHAMPIONSHIP

(QUICK START/10 & UNDER WHERE APPROPRIATE)

**Ages 8 - 14**

This 1 1/2 hour long class, designed for those with basic tennis knowledge, will concentrate on developing competitive players. Along with this class is the option to choose additional practice days. This can be added at a 20% discount off the regular price. Although stroke mechanics will be an important part of each class, full court drills emphasizing consistency and control will be utilized. Spins, placement, approach shots, passing shots, volley control and other more advanced techniques will be developed at this level. Players will also learn good singles and doubles strategy and tactics. Although this program is designed for students who have had some basic tennis experience, an older beginner (age 12-14) can be worked into this group.

This group is usually divided into a gold and silver division to accommodate the variety of ages and abilities.

**Class meets:** Mondays 4:00 - 5:30pm and/or Wednesdays 4:00 - 5:30pm

#### JUNIOR ELITE SILVER

**Jr High/ High School age**

This group will meet twice weekly for 1 1/2 hours during the week. Students will work on developing and improving a full court game with emphasis on patience, consistency and intelligent play. Everything from stroke production to match control to fitness will be a part of practice at this level. High School, Phoenix district, Southwest section participants and beyond will typically be players in these groups.

**Class meets:** Mondays 5:30 - 7:00pm and Thursdays 4:00 - 5:30pm

#### JUNIOR ELITE GOLD

**For the Serious Player**

Meeting twice weekly for 1 1/2 hours, this program is the ultimate and is designed for the serious player. Those selected must possess not only playing skills, but also the dedication and desire needed to achieve their full potential. High School, tournament, district, regional players and beyond will find this group appealing. If you are serious and tennis is your sport, this program is for you! Tournament play will be encouraged & supported.

**Class meets:** Tuesdays 5:30 - 7:00pm and Thursdays 5:30 - 7:00pm

**\*\*OVERLAP IN AGES DUE TO VARIOUS SKILL LEVELS\*\***

## ~ OUR USPTA/USPTR CERTIFIED PROS ~

**Cory Rockow** is a full time USPTA pro with a successful playing and teaching background. Cory is not only an accomplished player on the court where he was Nationally Ranked as a junior and All-Conference honors while at college; but, he also performed on the academic side of college as a consistent member of the Academic Dean's List. Cory's history includes seven years of teaching tennis. His intelligence, discipline and tremendous ability to communicate has established him as the backbone of our staff.

**Cady Andelin's** enthusiasm, energy, experience and love for the game of tennis will inspire you each and every class. Having played Division I Collegiate Tennis at Utah State University, Cady was voted Athlete of the Year, received All Western Athletic Conference honors and still received Academic recognition. Based on this success and her strong communication abilities she was offered a teaching/coaching position at Utah State. This classroom experience and working at The Sports Academy and Racquet Club earned her a chance to return to her hometown of Phoenix and the opportunity to become the Head Coach of the Nationally Ranked NJCAA Division I Glendale Community College Womens Tennis Program. It has also brought her here to join our La Camarilla tennis staff.

**Chris Tolson** joins our staff with experience on all levels including collegiate coaching for the past 4 years. As a USPTR Certified Pro and a USTA Official, Chris played college tennis, taught everything from Tots to Division I College athletes, headed a nationally recognized junior program where he worked with Southwest and Nationally ranked juniors and now brings his wealth of tennis experience to La Camarilla. Just his participation in this summer's La Camarilla tennis program has won him praise and respect from both parents and students. Having played and coached at the highest levels, Chris knows what it takes to get your game to whatever heights you want it to go.

**Roger Furman** is a certified USPTA Tennis Professional who was recently recognized for his 30 years of service to the game. He has coached Local, Missouri Valley, and Nationally ranked players at all age levels and was even selected to coach the St. Louis National Junior City Team. A former collegiate player with two undefeated seasons, Roger still holds the record for most wins in a career at his alma mater. We think you will all enjoy the fun, discipline and strong work ethic he instills into La Camarilla's junior program.

### ~ THREE 12 WEEK SESSIONS ~

<b>Session 1</b>	<b>Week of AUGUST 29th thru NOVEMBER 18th</b>	<b>12 Weeks</b>
	(Labor Day will be made up on Nov. 21st)	
<b>Session 2</b>	<b>Week of NOVEMBER 28th thru FEBRUARY 24th</b>	<b>12 Weeks</b>
	(Week off for Christmas/New Year holidays: Dec. 24th thru Jan 1st)	
<b>Session 3</b>	<b>Week of MARCH 5th thru MAY 25th</b>	<b>12 Weeks</b>

### ~ SESSIONS PRICES ~

TENNIS TOTS	\$ 162.00	2ND DAY OPTION (20% Discount)	\$128.00
FUTURE STARS	\$ 243.00	2ND DAY OPTION (20% Discount)	\$194.00
JUNIOR CHAMPIONSHIP	\$ 243.00	2ND DAY OPTION (20% Discount)	\$194.00
JUNIOR ELITE (2 DAY)	\$ 486.00	INCLUDED - 2 DAY PROGRAM	

**All Programs are Open to Members and Non-Members**  
Non-Members pay an additional \$50 per 12 Week Session.  
(Only one fee is assessed per family per session)  
No non-member fees apply to 2nd day option.

For more information, contact Roger Furman at La Camarilla Racquet, Fitness & Swim Club

**(480) 998-3388** or [roger@lacamarilla.com](mailto:roger@lacamarilla.com)